

Wanek Center in Arcadia Senior Dining
Sponsored by Aging & Disability Resource Center (ADRC)
Of Trempealeau County

Serving Wednesday and Friday 11:30 am to 12:30pm

Reservations required by calling 608-409-2470

Local Phone: 715-538-2001 or Toll Free: 1-800-273-2001

Suggested Donation is \$4.00 per meal

March 2023

March 1 & 3:

Wednesday: Roast Beef Sandwich w/Au Jus, Mashed Potatoes w/ Gravy,
Dessert

Friday: Village Veggie Wrap, Tomato Basil Soup, Dessert

March 8 & 10:

Wednesday: Chicken & Rice Casserole, Veggies, Garlic Bread, Dessert

Friday: Vegetarian Chili w/ Biscuits, fruit, Dessert

March 15 & 17:

Wednesday: Shredded Chicken w/Gravy, Mashed Potatoes, Peas, Dessert

Friday: Mediterranean Wrap, Vegetable Soup, Dessert

March 22 & 24:

Wednesday: Classic BLT, Creamy Potato Soup, Dessert

Friday: Shrimp Alfredo, Green Beans, Bread Stick, Dessert

March 29 & 31:

Wednesday: Taco Salad, Fruit, Dessert

Friday: Tuna Noodle Casserole, Broccoli, Biscuits, Dessert

Menu items are subject to change due to item availability and unexpected shortages or shipment delays.